



- Power of One helps students find and use their personal power. Members set their own goals, work to achieve them, and enjoy the results. The skills members learn in Power of One help them now and in the future in school, with friends and family, in their future at college, and on the job.
- Have you ever thought about a special goal? Maybe you would like to develop better study habits, cope with a physical challenge, get along with a sibling, improve job skills, become a leader – or any other personal goal. Power of One is for You! You select the goals most important to you, then create a plan of action to meet them.

#### **Power of One Units:**

- Power of One gives youth the POWER to fulfill their dreams by creating self-directed projects that focus on:
  - **A Better You** — Improve personal traits
  - **Family Ties** — Get along better with family members
  - **Working on Working** — Explore work options, prepare for a career, or sharpen skills useful in business
  - **Take the Lead** — Develop leadership qualities
  - **Speak Out for FCCLA** — Tell others about positive experiences in FCCLA.
- By incorporating these Power of One Units, students get an introduction to what FCCLA is like. If they complete these 5 projects, they can take it one step further and join FCCLA to gain recognition for completing these modules at State Leadership Conference in March.
- These units are easy to incorporate into any FCS class!

*For a powerpoint, additional handouts and resources on Power of One, visit:*  
<http://www.fcclainc.org/content/power-of-one/>

To print off the Step One Webquest questions and answer key, visit:  
<http://www.fcclainc.org/assets/files/Step One Webquest.pdf> (make sure to keep the spaces)

Family, Career and Community Leaders of America®

# STEP 1 WEBQUEST

Come and explore new horizons on the Family, Career and Community Leaders of America (FCCLA) Webquest!  
Discover great programs that will help you reveal more about yourself and those around you.

A Project for New Members in FCCLA Chapters

- Thinking about starting a chapter and want students to learn about FCCLA? Do you have junior high and high school students? Getting junior high students interested in FCCLA before high school is the key to a successful FCCLA chapter. Get them started in their exploratory classes! Is it your first year as an adviser and you want your students to learn more? Maybe you have been an adviser for years, but you have new members constantly joining! Step One is just for you!

## **FCCLA is Here to Help Members, Like You, Travel Beyond Their Limits.**

Joining FCCLA will broaden your creative thinking, allow you to experience leadership, build essential life skills, and create new friendships. Step One will give you the opportunity to search for the answers to your questions about FCCLA and discover new ground.

You can find the answers at the FCCLA national website, [www.fcclainc.org](http://www.fcclainc.org). Once you reach the end, compare your answers with your adviser's and see how you did on the FCCLA WebQuest!

1. **What does FCCLA stand for?**
2. **What is the name of the National Outreach Project?**
3. **How many National Executive Council Members (National Officers) are there?**
4. **Where is the next National Leadership Conference?**  
**\*Click on the location and share four highlights about that city.**
5. **List the two goals of the Families First program.**
6. **What does FACTS stand for?**
7. **Define Financial Fitness.**
8. **Describe Power of One. \*List the five Power of One Units.**
9. **Describe Student Body. \*List the three Student Body Units.**
10. **Describe Career Connection.**
11. **What does STAR (for STAR Events) stand for?**
12. **What does STOP (for STOP the Violence) stand for?**
13. **Name the three R's in membership.**
14. **How many members and chapters have joined nationally?**
15. **What is the official magazine of the FCCLA?**
16. **When is National FCCLA Week?**